



# Business Benefit.....



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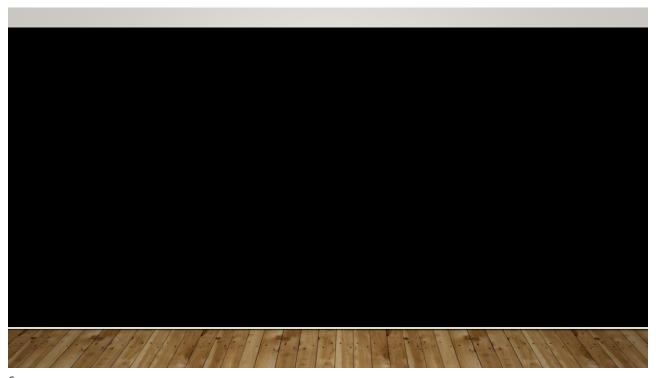
- Better connected teams outperform others.
- People with stronger relationships rely on each other more in times of need or crisis.
- We succeed or fail based on our relationships and the ability to leverage those relationships to get work accomplished.

We need to get to know each other to help each other!

# TAKE AWAY – IMPROVE TEAM VELOCITY AND COMMUNICATION

- Make sure you have well connected teams
- Eliminate as many communication barriers as you can
  - One way visual tools (Mind Maps)

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### FIRST GIVEAWAY

- How much faster does our mind process pictures than words?
- Audience says....



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### **HISTORY**







- Origins
  - How are our thoughts organized inside this machine we call Brain? If you look at the neurophysiology of how links and associations are made...it really looks like a MindMap!
- Early Adopters
  - The earliest known use of a MindMap is attributed to Porphyry of Tyros, a 3rd century Greek
    philosopher, who graphically visualized the concept categories of Aristotle. Other early adapters
    include Leonardo Da Vinci, and some sources suggest that Albert Einstein, Winston Churchill and
    Pablo Picasso were fans, too!
- Mass Market Tony Buzan
  - Coined the term "MindMap" in the 1960s. Buzan brought MindMap to the masses through his company, books, and TV series "Use Your Brain."

# **OBJECTIVE**

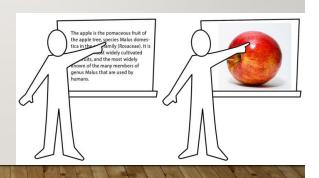
- Application of this for personal as well as business
- Discover the benefits of Mind Mapping through hands on approach
- · Be able to utilize free applications with little to no training
- Visually build solutions (Executives love COLOR BOOKS)



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### **BENEFITS OF MIND MAPS**

- Visual tool
- Able to create standard templates
- Engagement with other teams
- People tend to scan and not read documents
- Ease of use and no formal training required
- FREE!



## **USES FOR MIND MAPS** Creativity Clarify the Goals Global Vision Teamwork Project Management Understanding Complexity Meetings Management of Mind Mapping Decision Taking Note Taking Planning Activities Information Management Preparing for Negotiation Problem Solving Improve Memory

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- Name one mind mapping tool that is available that can help you create mind maps besides FreeMind and Coggle?
- Audience says....

### MIND MAPPING TOOL OPTIONS

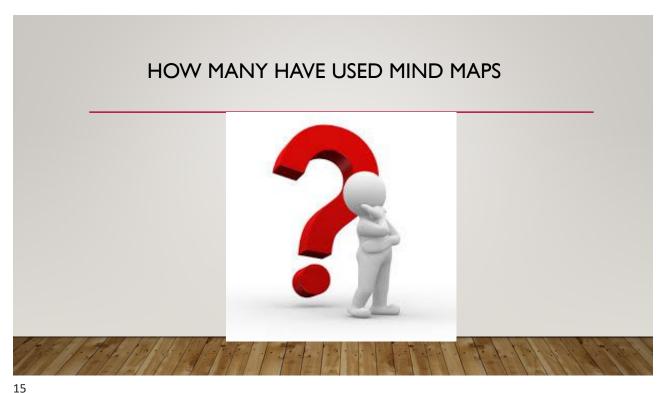
- Coggle online Mind Map tool that you can use in Chrome. Comes in 3 flavors "free" ,"awesome", and "Organization"
- Imindq This is a paid for tool if you want to pay for one. Does have "free trial"
- FreeMind Don't have to pay for. Good choice for working offline. OpenSouce and great
  at getting the job done.
- MindMapple Great for visual thinkers and ability to use clip art and other visual stuff.
   Great with MACs and can google drive share ©
- Text2mindmap people that like to move quick! You type in thoughts and web app does
  the rest

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### MIND MAP UTILIZATION AT CALABRIO

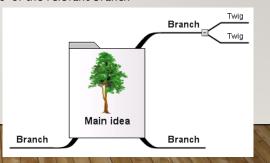
- Missing pieces:
  - Little to no design documentation
  - No BA's
- · How mind mapping helped:
  - Visual mapping to ensure dev and QA were working towards building the same solution
  - · Contains analysis of high and low-risk areas
  - Everyone was on the same page

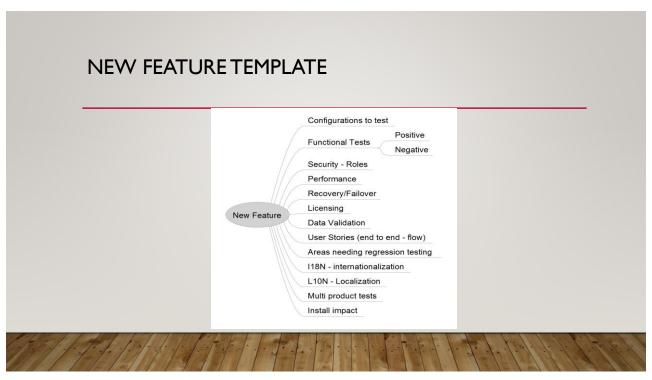


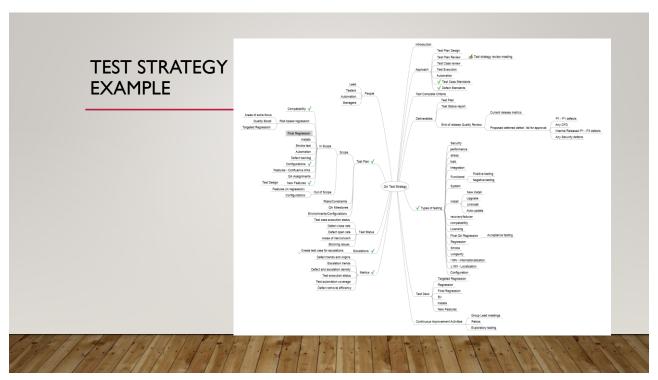


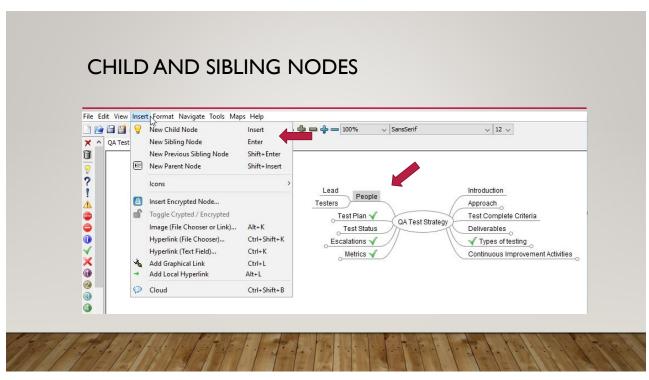
### **5 ESSENTIAL ELEMENTS OF MIND MAPS**

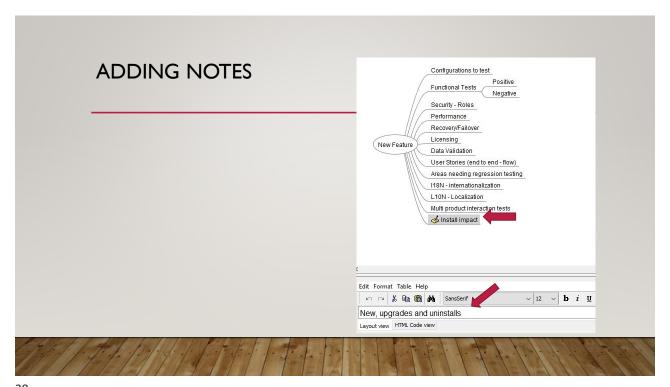
- The main idea, subject or focus is crystallized in a central image
- The main themes radiate from the central image as 'branches'
- The branches comprise a key image or key word drawn or printed on its associated line
- Topics of lesser importance are represented as 'twigs' of the relevant branch
- The branches form a connected nodal structure



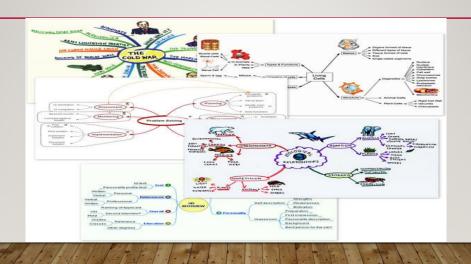








## LET'S MAKE A MIND MAP

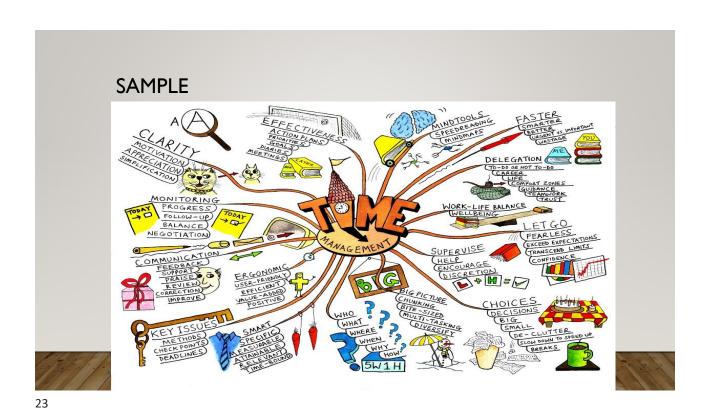


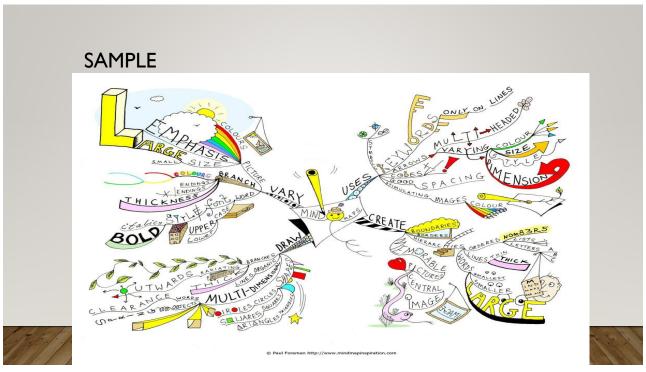
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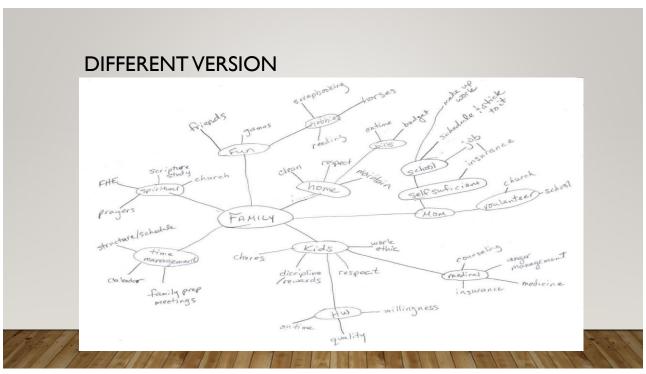
### LET'S MAKE A MIND MAP – WITHOUT A TOOL

- Think of your general main theme and write that down in the center of the page. i.e.

  Time Management
- Figure out sub-themes of your main concept and draw branches to them from the center, beginning to look like a spider web i.e. Personal, Work, Activities, Family, Interests/Hobbies, Health/Fitness
- Make sure to use very short phrases or even single words
- Add images to invoke thought or get the message across better
- Try to think of at least two main points for each sub-theme you created and create branches out to those







### HOW TO DOWNLOAD FREEMIND

- Go to <a href="http://freemind.sourceforge.net/">http://freemind.sourceforge.net/</a>
- \*\*for Mac users please (control+click > open) on the icon to open if it prevents you from opening initially
- Must have Java Runtime Environment 1.6 or later
- If you are blocked try:

https://freemind.en.softonic.com/download



# HOW TO DOWNLOAD SIMPLEMIND (MOBILE APPS)



- SimpleMind Free Intuitive Mind Mapping
  - Android go t:
     https://play.google.com/store/apps/details?id=com.modelmakertools.simplemindfree&hl=en&rd
     id=com.modelmakertools.simplemindfree
  - · Will read/write .mm file formats
- SimpleMind Lite Mind Mapping
  - iPhone go to:
- <a href="https://itunes.apple.com/us/app/simplemind-lite-mind-mapping/id439654198?mt=12">https://itunes.apple.com/us/app/simplemind-lite-mind-mapping/id439654198?mt=12</a>
- · Will read/write .mm file formats

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### TEAM MIND MAPPING USING YOUR TOPICS

- · Pick a table topic with your team at your table and write it on a post it note to bring to the front
- Use one of these: (Write it on a post it note)
  - Planning a testing effort (for a project or iteration)
  - Scoping deliverables / tasks or user stories / tasks
  - Identifying acceptance criteria for a user story
  - · Breaking down acceptance criteria into test scenarios/test cases
  - Identifying a solution for a project / user story
  - · Identifying project and/or test risks
  - Identifying and engaging stakeholders
- Open space ideas using post it notes write a topic on the post it and put it on the flip chart in the front
  on which one you want to work on



### YOUR TURN!

Team of at least 2 people and no more than 3...if you accept this mission you could win Topic Options:

· Selected by all of you



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### 10 MINUTES TO CREATE



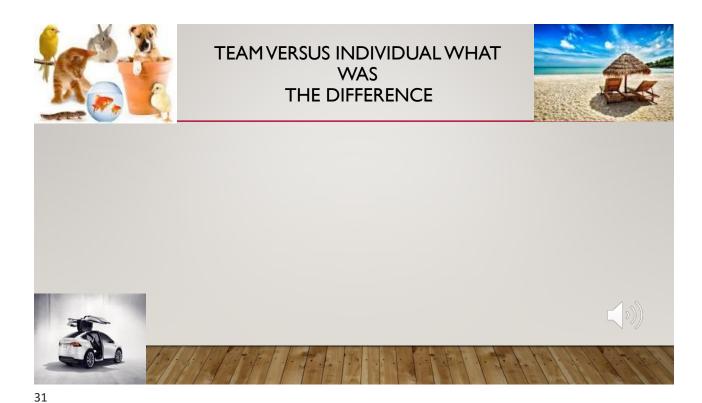
- Table topic
- · Central theme and radiating from center or left to right
- · Pictures are great, words, short phrases
- You have approximately 10 minutes
- Team captain assigned to report back

Music Credit:

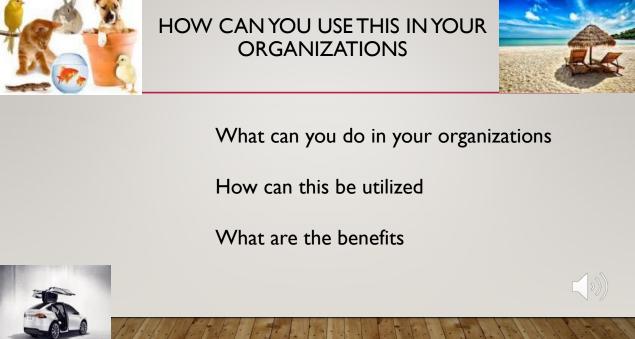
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Artist: http://audionautix.com/





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### **PERCEPTION**

The mind interprets patterns based on past experience – or on patterns it already knows

#### News Flash: Cmabrigde Uinervtisy Rscheearch

According to a rscheearch at Cmabrigde Uinervtisy, it deosn't mttaer in waht oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef but the wrod as a wlohe.

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### LADDER OF INFERENCE

Action

**Judgement** 

**Emotion** 

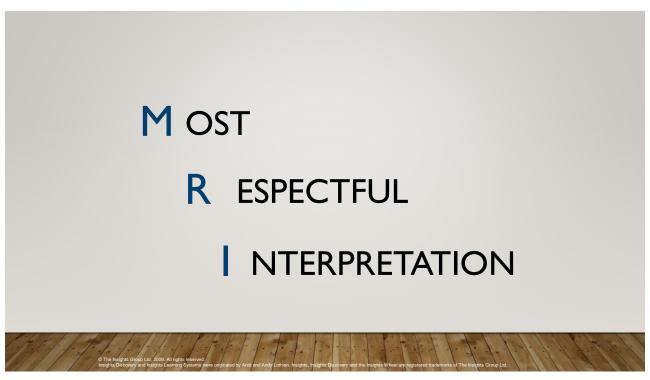
Interpretation

Perception

- I evaluate situations & people as good, bad, nice, mean in reaction to what I felt
- I have a feeling response to the meaning I gave my perception
- 2. I give meaning to what I noticed
- 1. I notice it (see, hear, feel, smell something)

Event

Something happens!







### INTERPERSONAL COMMUNICATION

#### According to Albert Mehrabian:

- 7% Words Literal
- 38% Tone of Voice Interpretation
- 55% Context, Body Language Interpretation
- In other words...

Communication is 7% about WHAT you say and 93% about WHO you say it to!

## COMMUNICATING IN COLOR

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cheerful	reflective	concise	challenging	caring	assertive
enthusiastic	determined	firm	factual	well-argued	reliable
accommodatin	g objective	active	steady	fun	sensitive
accurate	tactful	driving	constant	structured	harmonious
strong-willed	purposeful	convincing	cautious	calculating	amenable
persuasiv	e patient	influencing	diploma <sup>:</sup>	tic logical	sociable
outgoing	courageous	co-operative	forceful c	conventional	optimistic
mobile	friendly	stable	consistent	decisive	correct
loyal	calm	daring	analytical	engaging	Correct
impulsive		realistic	С	3 3 3	exact



## **COLOR WORKSHEET**

- · Circle as many words on the paper that describe you
- · Can circle as many as you want or as few as you want
- · Circle only the words that describe you or you would use to describe you
- Count up how many of each color



### 5 BEST BOOKS ON BODY LANGUAGE

- The definitive book on body language
- You say more than you think
- Unmasking the face
- The power of body language
- What every BODY is saying Ex FBI agent